



MAKE TIME FOR
OUTDOOR PLAY

Practitioner Tips for C-19 Outdoor Play

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Developing a Covid-19 outdoor play statement. Having a written statement can help you to:

- Make a clear statement about children's rights to play and the benefits of outdoor play in line with the latest health guidance
- Give context to parents on how outdoor play can benefit children's health and well being
- Allow children to engage in outdoor play where their voices can be heard
- Create a shared understanding of what the social distancing guidance means through outdoor play and games

How to start:

- Think about what you need and how you will use it
- Do you want to say outdoor play is really important in your setting and why children should be outdoors?
- Write the statement in plain English, perhaps in different formats (for Newsletters, Twitter or as an appendix to your Handbook)
- Present it from the point of view of the children in their words
- Use the videos produced by Jason Leitch, National Clinical Director for the Scottish Government on outdoor play

Useful references - Health Guidance: Social Distancing for education and childcare settings:
<https://www.gov.scot/publications/coronavirus-covid-19-social-distancing-in-education-and-childcare-settings/>

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C19 Outdoor Play



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