



# MAKE TIME FOR **OUTDOOR PLAY**

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## Helicopter

- Have all children stand in a circle with one person in the middle of the circle.
- Give the child in the middle a length of rope with a bean bag attached.
- The child in the middle spins the rope around, close to the ground, like the blades of a helicopter.
- Everyone around the circle has to jump over the rope as it passes them.

Don't forget to wash your hands regularly for at least 20 seconds.

**Curriculum:** HWB 0-21a Supporting development of fundamental motor skills.

**Health Guidance:** **Outdoor Play at Emergency Childcare Settings**

*Correct as at 3 June 2020*

Developed to support  
C19 Outdoor Play