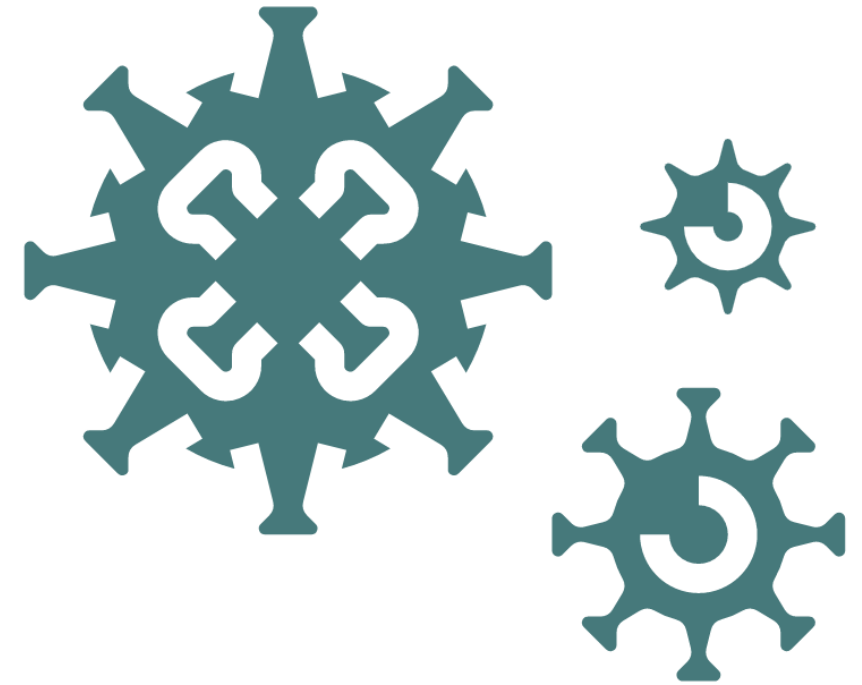


Charity Intelligence Gathering

Covid-19



Information from our funds: Active Play, Link Up, Survivors, Support in the Right Direction, Perinatal and Infant Mental Health, Autism, Learning Disabilities and our Specialist Volunteer Network. **(94+ charities/ projects)**

Week 6: 22nd-26th June

INSPIRING SCOTLAND

This report is the 6th in a synthesis of weekly intelligence gathering by Inspiring Scotland staff across its portfolio of 300 charities.

This report provides additional information to that gathered the previous week.

All Reports are published:

<https://www.inspiringscotland.org.uk/hub/resource-covid-19-weekly-intelligence-gathering>

INSPIRING SCOTLAND

PEOPLE – Ongoing effects of lockdown

- Effects of isolation on **mental health**
- **People showing regression** with trauma, drug or alcohol issues
- Lack of **respite facilities** for carers
- **Addiction** – charities reporting increases in demand for support with drug additions. Decrease in supply could be leading people to seek for help.
- **Delays in diagnoses/medication** – Autism and ADHD
- **Over 70's struggling** with missing the life they once had
- **Domestic abuse** occurring in homes where it may not have normally
- **Safeguarding and child protection issues** due to effects of lockdown
- **Privacy and security concerns** for online counselling still remain



PEOPLE – Concerns as restrictions ease

- **Concerns over return to “normal”**

- Anxieties about coming out of lockdown **without a vaccine**
- People who have been **shielding are trapped** in to continuing to shield to ensure needs are met
- **Autistic people** struggling with **unclear/changing rules**
- Some **people now dependent on food packages** provided during the pandemic

- **Schools returning**

- Concerns over **blended learning vs back to 'normal' schooling**
- Vulnerable families will need **emotional/practical support** for return

- **Social Care**

- LAs not providing **levels of personal care for beneficiaries**
- Changing **social care provision**



Issues for CHARITIES – Return to work



- **Risk assessments** and lack of practical guidance on how to do them
- **Anxiety from staff**
 - Using **public transport**
 - Returning if they or someone they live with have **underlying health conditions**
- **Practical issues** finding screens, sourcing facemasks, cleaning children's play areas
- Concerns that **service users won't return** for support
- **Pressure to return to face to face events** from beneficiaries

Issues for CHARITIES – Finances/Funding



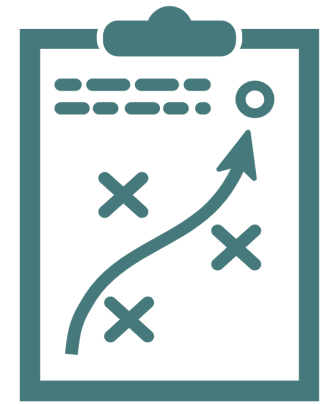
- Feedback from some charities that there are **no specific funding issues at this time** (Emergency funding received, grants in place)..... **But**
- ... fears of **impending funding cliff/recession**
- Loss of income from **events/donations**
- Increase in **demand for services**
- **Flexibility of grant** given projects placed on hold due to lockdown
- Will **recovery type funding** be available in short term?

Issues for CHARITIES – Mental Health/Wellbeing



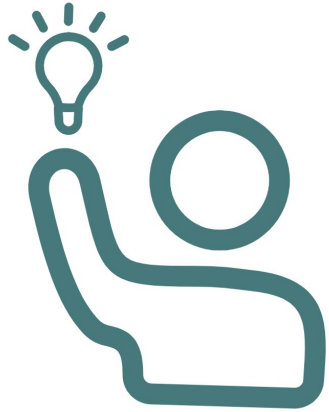
- **Leaders – a mixture**
 - Tired and overwhelmed but surviving and showing resilience
 - Some anxious about going back to work others looking forward to getting back
- Staff **providing more emotional support** to services users navigating changes and experiencing mental health issues
- **Homeworking** remains a challenge due to childcare and space issues

Issues for CHARITIES – Future scanning



- **Future funding** with **increased demand for services**
- **Loss of funding and outcomes** for six-month period
- Concerns over **stopping food banks**
- Lack of stats on impact of Covid-19 on **people with learning disabilities**
- **Link Up groups impacted** by social distancing and new issues arising during lockdown
- **Trustee recruitment**
- Helping people to **access social care needs** amidst uncertainty and change
- Effective **online services take time and planning** and do not suit all users
- **Schools reopening** – Who is delivering the 'real' message?
- **Cyber security, IP issues**

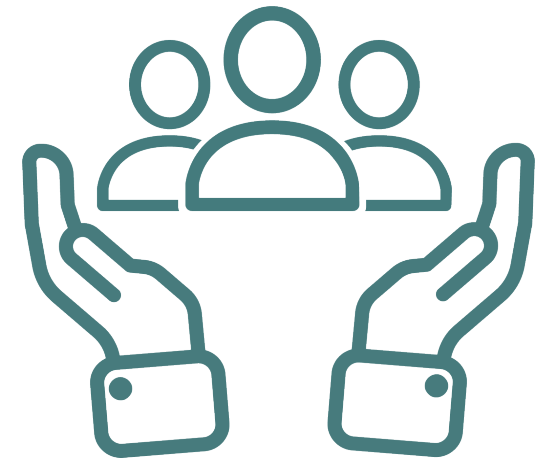
Ideas and solutions that are working



- Delivering **practical sessions to address concerns** and issues
- **Outdoor counselling** - benefits from being outdoors
- **Virtual meetings that include written chat** not presenting (some autistic people prefer this allowing them to formulate thoughts and respond in writing)
- **SG and Cosla guidance** has clarified social care provision
- **Socially distanced engagement** - phone calls, doorstep visits, "walk and talk", online
- Supporting **awareness campaign** on prevention of abuse

Inspiring Scotland priority actions

- **Keep doing** – portfolio virtual gatherings supporting leaders and chairs
- **Risk assessment assistance** tailored to individual organisations across our funds
- **Active Play offers a real solution** – develop an offer for pupils returning to schools
- **Fundraising training**, online fundraising webinar and team training on Grantfinder
- **Cyber security workshop** / webinar
- **Leadership** collaboration with ACOSVO



Collaborating on intelligence sharing



Through the support ACOSVO is offering the sector during Covid-19 they are gathering and publishing the overarching key themes emerging and key issues facing leaders.

The latest ACOSVO insight report is available here:
<https://www.acosvo.org.uk/resources-coping-covid-19>

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