

# A Practitioner's Guide to OUTDOOR PLAY BASED LEARNING HANDSFREE HANDWASHING

Help! - What is a tippy tap?

Help! - Can you help us make one?



**Yes! First off, we often assume everyone knows** what a tippy tap is, but a lot of people have no clue. Fear not, that is why we are here. A tippy tap works by using your foot to tap a lever to tip water out from a container. It means hands can be washed without touching the container – and therefore helps prevent germs from spreading. This little device is great for outdoor ELC, and even more useful as we work to prevent the spread of viruses and germs.

## With Garden Canes



### What you need

- ✓ 4 sticks or canes (about 1.2m long)
- ✓ 1 shorter cane (about 90cm long)
  - ✓ Wood for the pedal
  - ✓ Stones
- ✓ Screwdriver or a hot nail to make holes
  - ✓ String or twine
  - ✓ 3L milk container

## With Branches/Sticks



Photo credit Baltic Street Adventure Playground

## Follow five steps to tippy tap success



*Photo credit Adapted from Water Aid images*

## Extra tippy tap tips

- ✓ Natural branches are usually stronger than cane.
- ✓ The stones are to prevent puddles
- ✓ The deeper you dig your sticks into the ground the stronger they will be (minimum 20cm)
- ✓ The branches will go in much easier if you sharpen the ends with a knife
- ✓ Fill as required with warm water (See Care Inspectorate guidance links below)
- ✓ Don't overfill the plastic container
- ✓ Use a thermos to top up and wrap to insulate/keep water warm
- ✓ Did you know, the first 'official' tippy tap was built in the 1980s by Dr. Jim Watt in Zimbabwe?

## Need encouragement? See a Glasgow tippy tap station half built!

Check out this video from Baltic Street Adventure Playground

[https://bit.ly/BSAP\\_Tippe](https://bit.ly/BSAP_Tippe) as they show off their prototype.

## Useful Links

### **World Health Organisation Tippy Tap**

[https://www.youtube.com/watch?v=HNkl1Zqs\\_40](https://www.youtube.com/watch?v=HNkl1Zqs_40)

### **Care Inspectorate Outdoor Settings FAQ's -**

[https://www.careinspectorate.com/images/documents/coronavirus/FAQs/Outdoor\\_settings\\_ELC\\_FAQs\\_24.6.20.pdf](https://www.careinspectorate.com/images/documents/coronavirus/FAQs/Outdoor_settings_ELC_FAQs_24.6.20.pdf)

### **Fully Outdoors Guidance 30<sup>th</sup> July 2020**

<https://www.gov.scot/publications/coronavirus-covid-19-fully-outdoor-childcare-providers-guidance/>

### **Water Aid**

<https://www.wateraid.org/uk/sites/g/files/jkxoof211/files/schools-challenges1-tippy-tap-instructions.pdf>