

Practitioner's Guide

Bite-sized

TIPS



Encouraging participation in winter play

Guest blogger : Tony Stubbs, Playbourhood Coordinator, PEEK

1. Some adults just don't expect they need to be prepared to play alongside kids so come in shorts in winter! Highlighting the benefit of adult participation is helpful.



2. Often parents are concerned about bringing children out into green spaces that are not well lit, this can be remedied by using fire play (safely) or glowsticks.



3. Being cold is also a major factor that contributes to smaller attendances in winter. Providing hot drinks/soup and creating opportunities for active play keeps everyone warm.



4. Staff must be prepared to take the lead in getting cold/wet/muddy as when they do, everyone else usually follows by example.



5. Access to winter clothing can have a significant impact on session attendance during the colder months. Where possible, share information with parents on where they can source outdoor clothing for adults and children locally e.g. local shops; clothes banks.



As an organisation, funds that may support the purchase of outdoor clothing include:

- **Asda Community Champions**
- **The Morrisons Foundation**
- **Albert Hunt Trust (The)**
- **Foundation Scotland Express Grants**
- **Scotmid Community Grant**
- **Greggs Foundation - Environmental Grant**

As a parent, you may be able to apply for a clothing grant from your local council.

Guest Contributor : Tony Stubbs, Playbourhood Coordinator, PEEK



Enjoy these tips? Do you have top tips that you would like to share?

Join in the conversation, add your pictures, or just chat with us at:

Facebook @ThriveOutdoorsScot

Twitter @Thrive_Outdoors

Instagram @thrive_outdoors