

Perinatal and Infant Mental Health Fund 2024-26

List of funded organisations

3D Drumchapel

PIMH funding will support the delivery of a range of peer and parenting support to families in the perinatal period. This will include one-to-one emotional and practical support, parent and child sessions, peer support and volunteering pathways for parents.

Location: Glasgow City **Award:** £49,000



Aberlour Child Care Trust

Aberlour's Perinatal Befriending Service delivers 1:1 community-based support for women and families during pregnancy and babies' first year, throughout Forth Valley. They will also provide Peer Support Activities through their 'Caring Café'.

Location: Clackmannanshire, Falkirk & Stirling **Award:** £131,764



Action for Children

Action for Children will continue and develop their Blueprints provision for people impacted by PIMH issues in the Western Isles. This includes 1-to-1 support using a whole-family approach and needs-led activities, offering weekly group activities and developing peer support.

Location: Eilean Siar, Western Isles **Award:** £99,800



Amma Birth Companions

Amma Birth Companions supports vulnerable women who are facing significant adversity on their journey towards motherhood. This includes mothers who are refugees, asylum seekers and living in poverty. PIMH funding will support the companionship activity where Amma's birth and mother companions support women before, during and after birth, providing trauma-informed emotional and practical support.

Location: Glasgow City **Award:** £132,000



CrossReach Community Connections

CrossReach will deliver Counselling and Psychological support for families in the perinatal period in Moray, Inverness, Glasgow and Edinburgh. This will also contribute towards their Parent and Infant Relationship Supports (PAIRS) Creche reducing barriers to access for parents who have no childcare, allowing them to attend their counselling sessions.

Location: Edinburgh City, Glasgow City, Highland and Moray **Award:** £132,000



Dundee Contemporary Arts

Funding will enable the delivery of the DCA's existing parent-infant art therapy group with Art at the Start, to 0-3s and their caregivers who are struggling with their relationship. They will also develop their service further through the development of an art therapy group offer for families where communication may be a particular challenge due to additional needs, for example complex physical difficulties, visual or audio impairment, and neurodevelopmental disorders.

Location: Dundee City **Award:** £60,375



Healthy Valleys

Healthy Valleys will deliver programmes of activities designed to facilitate early intervention and signposting for perinatal and infant mental health through their Mental Health and Wellbeing and Bonding and Attachment Programmes, as well as their 'Healthy Bump Healthy Baby' Peer-Support groups.

Location: South Lanarkshire **Award:** £101,055



Home-Start Aberdeen

Home-Start Aberdeen will deliver their peer to peer home visiting support to reach families affected by PIMH difficulties, where trained volunteers provide weekly peer to peer home visiting for 9-12 months.

Location: Aberdeen City **Award:** £95,265



Home-Start Caithness

Home-Start Caithness will deliver their range of support to families in the perinatal period and ensure these practices are embedded into the organisation through staff and volunteer training. They will also develop partnerships with Fathers Network Scotland and other supportive services.

Location: Highland **Award:** £109,900



Home-Start Glasgow North and North Lanarkshire

Home-Start Glasgow North and North Lanarkshire will continue and enhance their established perinatal and infant mental health services, which includes 1-to-1 support delivered by staff and volunteers, intensive early intervention support by Perinatal Family Support Coordinators and the delivery of peer support groups. They will also develop their Video Interactive Guidance further.

Location: Glasgow City, North Lanarkshire **Award:** £131,880



Home-Start Renfrewshire and Inverclyde

Home-Start Renfrewshire and Inverclyde will continue and enhance the delivery of their holistic, whole-family and trauma-informed Perinatal service which delivers peer and befriending support, perinatal 'Bumps to Babies' groups and parental wellbeing programmes.

Location: Inverclyde, Renfrewshire **Award:** £128,941



Home-Start Wigtownshire

This funding will support Home-Start Wigtownshire's Family Support Coordinator role, their PIMH Champion, to ensure the provision of a range of PIMH support and that their services feel safe, nurturing, accessible and inclusive. This will include learning and development in PIMH throughout the organisation.

Location: Dumfries and Galloway **Award:** £41,000



Let's All Talk North East Mums (LATNEM)

LATNEM will continue to provide peer support to mothers and birthing people who need support with their mental health in the perinatal period through weekly online peer support groups, fortnightly face to face peer support groups and facilitating Mindful 'Crafternoons', playdates and social events.

Location: Aberdeen City, Aberdeenshire, Highland, Moray **Award:** £59,575



Midlothian Sure Start

Midlothian Sure Start will deliver activities across the perinatal period using a mix of community-based peer, parenting and infant focussed support which includes ante-natal Dads and Pregnancy in Mind Groups, as well as post-natal group programmes, and 1-to-1 support using Video Interactive Guidance.

Location: East Lothian, Midlothian, West Lothian **Award:** £131,759



Nurture the Borders

Nurture the Borders will provide a range of supports to perinatal mothers and fathers who are experiencing or are at risk of developing mental health difficulties through one-to-one outreach and peer support, provision of counselling and CBT, Video Interactive Guidance sessions and Trauma Informed Birth Doula support.

Location: Scottish Borders **Award:** £79,253



Starcatchers Productions

The funding will contribute towards the provision of positive, infant-adult experiences that explore the non-clinical therapeutic value of the arts through Starcatchers programme in Wester Hailes which includes a weekly programme, Saturday sessions and session in partnership with other community services.

Location: Edinburgh City **Award:** £11,000

