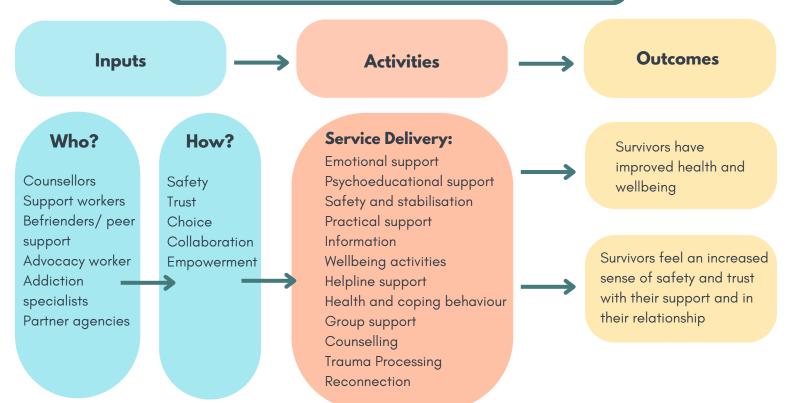
Scottish Government Mental Health and Wellbeing Strategy (2023)

Strategic Action 10.3: We will continue to work with delivery partners and survivors to provide services to those who have experienced childhood abuse, which promote sustained recovery through person-centered, trauma-informed support and treatment and enable survivors to lead more independent lives.

Vision for SOCAS Fund

Survivors enjoy a safe and healthy life, with improved wellbeing.



Indicators

Enhanced self-esteem, Improved sense of self, Reduced anxiety, Improved mood, Improved sleep, Improved confidence, Self-actualisation

Where appropriate: Reduced trauma/PTSD symptoms eg hyperarousal, re-experiencing and avoidance

Survivors feel: Informed, Respected, Listened to, Enabled/empowered, safe /protected, included/ less isolated. Improved inter-personal skills /relationships

Reduced negative coping strategies / exposure to contexts that are harmful

Hours of support / number of survivors, demographic breakdown, length of wait before support commences

Evidence of activities being informed and influenced by survivors

Engagement rates / drop out rates / re-engagement rates

Service satisfaction including against the trauma principles of : safety, trust, choice, collaboration and empowerment

Underpinned by well run organisations delivering safe and effective practice





