

## What this Easy Read is about



This is an Easy Read document for third sector organisations that support perinatal and infant mental health.



The **Perinatal and Infant Mental Health 2024 Fund** is an 18-month funding programme for third sector organisations who support babies, parents and carers.



Starting now we will call it **The Fund**.

## Criteria of The Fund



The aim of **The Fund** is to support babies, parents and carers who are affected by, or at risk of perinatal and infant mental health issues.



The money will sustain and improve third sector, non-clinical support for babies, parents and carers.



Organisations can apply for funding for:

- Peer support
- Parenting and infant support
- Counselling/ psychological support

## Outcomes of The Fund

The Fund has 3 outcomes:



1. Parents and carers with perinatal mental health concerns have **improved wellbeing, feel less isolated, and better able to seek support.**



2. Parents and carers **feel better able to meet the needs** of their infants and children (physical, social, emotional and cognitive).



3. Parents and carers, whose infants are **at higher risk** of mental health problems, **are better able to support their babies** through warm, secure and interactive relationships.

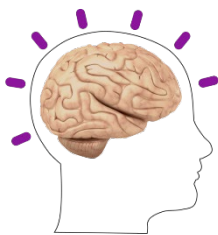
## Priorities of The Fund



The priorities of **The Fund** are:

- **Geographic coverage**

The Fund will give money to a range of organisations across Scotland.



- **Prevention and early intervention**

Organisations who support babies, parents and carers who are at a higher risk of developing perinatal and infant mental health issues.

## How much money is available?



The Fund has up to **£1,500,000** available across 18 months. Funding will be awarded in three different bands:



Band 1: between **£100,000 - £132,000**

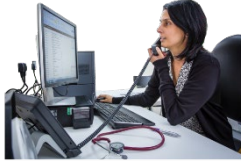


Band 2: between **£50,000 to £99,999**



Band 3: up to **£49,999**

## Who can apply?



**The Fund** is for organisations who are currently delivering perinatal and infant mental health support in Scotland.



Organisations need to be charities or community run companies.



Money making businesses cannot apply.



Organisations forming a partnership can apply.

Only one application is allowed per organisation.

## When will the money be available?



The Fund will start in **October 2024**.



The Fund will end in **March 2026**.



Year 1 will last from **October 2024 to March 2025**.



Year 2 will last from **April 2025 to March 2026**.

## How do I apply?



First, register your interest by [filling out this short form](#).



If you are eligible, you will then be emailed an application form.



For further guidance on the application form, take a look at the Fund Information and Guidance Document.



The deadline for applying is **12noon** on **Friday 3rd May 2024**.



## How do I get help with my application?

**INSPIRING  
SCOTLAND**

You can get more information by contacting **Inspiring Scotland.**



Our phone number is 0131 442 8760



You can also email us at

[pimhenquiries@inspiringscotland.org.uk](mailto:pimhenquiries@inspiringscotland.org.uk)



We will give you more information on **The Fund.**



They will help you apply for **The Fund** if you cannot apply online.



**Surgery sessions:** Inspiring Scotland will provide 30-minute virtual support sessions for organisations to discuss application questions. Take a look at our [website for more information](#).



**Frequently asked questions (FAQs):** An FAQ document is [available here](#).

## Important dates



March						
Mon	Tue	Wed	Thu	Fri	Sat	Sun
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

**The Fund** is now open for applications

Application support:

**March to April 2024**

Application deadline:

**3rd May 2024**

The Decision Making Panel is scheduled to meet in June, with decisions communicated as soon as possible after this meeting:

**June 2024**



Funding starts:  
**October 2024**